

ROSTER & WAIVER FORM

**EBACC FITNESS CENTER  
Flag Football League**

I, the undersigned, hereby for myself, heirs, executors, and administrators assume all risks associated with the participating in this event and do hereby release and discharge the East Berlin Borough, EBACC, its owners, staff and volunteers from any claims of liability for death, personal injury, damages or losses arising out of participation in this event. I certify that I am physically capable to participate in this event. In addition, please review the attached flag football rules and codes of conduct.

**PRINT NAME**

**SIGNATURE**

**EMAIL**

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## **Flag Football Rules & Codes of Conduct**

- Park only on paved parking lot next to the pavilion
- No Parking on baseball field or in grass
- All trash needs to be picked up
- Field use, (wet from rain etc) will be up to the discretion of game officials. Each week, please rotate between Lion's Club and EBACC field. This will ensure that one field doesn't become overused
- Play out as far as they can possibly play/center field (only on Lions' Club field)
- There will be NO ADDRESSING and/or ARGUING WITH OFFICIALS about a call. Only captains may address officials for reasons other than a call. Player will be given 1 warning then ejected from game. NO EXCEPTIONS!
- Any excessive physical contact and/or arguing will result in team being penalized w/unsportsmanlike conduct & player being ejected from game at official's discretion. A player ejected must leave field immediately. Any player who chooses to throw a punch, whether making contact or not, will be ejected from game & the police will be called immediately. FIGHTING WILL NOT BE TOLERATED